

Barlborough Hall School Menu

Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Meat or fish option	Sweet and Sour Chicken G	Roast Gammon	Beef Lasagne /Bolognaise Served with Garlic Slice G/M	Big Breakfast served with Oven Baked Sausages Bacon and Scrambled Eggs G/M/Mu/E	Breaded Fish cakes M/Mu/G
Vegetarian option	Vegetable Sweet and Sour	Fusilli Pasta served with Tomato and Basil Sauce G	Macaroni Cheese with Garlic Slice G/M	Vegetarian Sausage G/So	Vegetarian Pastry Roll G/M/E
Vegetables	Mixed Seasonal Vegetables	Carrots and Broccoli	Sweetcorn	Baked Beans Tomatoes	Garden Peas/Mushy Peas
Carbohydrate	Steamed Rice	Baby New Potatoes	Fusilli Pasta G	Hash Browns G	Chips
Sweet choice	Iced Shortbread with Custard G/M	Chocolate Mousse M	Decorated Cupcakes G/M/E	Fruity Jellies served with cream M	Homemade Cookies served with Custard G/E/M
Week Commencing	16 th September 2019 7 th October 2019 11 th November 2019 2 nd December 2019 13 th January 2020 3 rd February 2020	Fresh Fruit Served Daily	Fresh Salad Bar	Jacket Potatoes	Whole Meal Bread